

**The Title of the Article Should Be Bold and Centered: Please Note
the Use of Initial Caps**

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Running Head:

A Short Descriptive Title

1 **ABSTRACT**

2 Text here, using Structured or Unstructured Abstract format as appropriate, as described in

3 Instructions for Authors.

4

5

6 **INTRODUCTION**

7 **Subheadings May Be Used**

8 Text for the Introduction follows. Please use superscript numbers for cited references.¹ Text for
9 the Introduction follows. Please use superscript numbers for cited references.²

10

11 **METHODS**

12 Text for this section follows. Subheadings may be used as shown below.

13 **Subheadings May Be Used**

14 More text for this section follows.

15

16 **RESULTS**

17 Text for this section.

18 **Table 1**

19 Tables should be in Word format and placed in the main text where the table is first cited. Tables
20 must be cited in the main text in numerical order. Please note that tables embedded as Excel files
21 within the manuscript are NOT accepted. Tables in Excel should be copied and pasted into the
22 manuscript Word file. Tables should be self-explanatory and the data they contain must not be
23 duplicated in the text or figures. Any tables submitted that are longer/larger than 2 pages will be
24 published as online only supplementary material.

25

26 **Subheadings May Be Used**

27 More text for this section follows.

28

29

30 **DISCUSSION**

31 Text for this section.

32

33 **Conclusions**

34 A short paragraph is often used to conclude the Discussion Section.

35

36 **ACKNOWLEDGEMENTS**

37 Text for acknowledgements.

38

39

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Figure Legends

Figure 1:

Descriptive text. Include all abbreviations.

Figure 2:

Descriptive text. Include all abbreviations.